

## A Toast to Sherlock Holmes

by Bruce Harris

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In *STUD*, we learn Sherlock Holmes “munched silently at his toast.” I thought about doing a silent toast, but instead, decided to think more about that. Was it such a great feat? After all, if the bread was barely toasted, it would make little to no sound. It turns out, how long a person chooses to cook their toast says a lot about them.

Emma Kenny, UK’s leading television psychologist, studied toast darkness and personality types. Those who barely or lightly toasted their bread were passionate, hospitable, and people pleasers. Hardly descriptions of Sherlock Holmes. On the other hand, those who burnt their toast were typically eccentric, deep thinkers, rude, and persons of extremes.

So, not only did Holmes munch silently on toast, in all likelihood, he munched silently on burnt toast. No easy task.

Let’s raise our glasses in a noisy toast to our friend, the great Mr. Sherlock Holmes.